



## THE GAME:

• 3 v 2 to Goal

## AGE LEVEL:

All

## STAGE:

Small-sided activity.

## EQUIPMENT

- Extra balls
- Training bibs
- Goals

## OBJECTIVE:

### PRINCIPLES OF ATTACK:

- The player with the ball runs at a defender with speed in order to isolate the defender in a 1v1 or 2v1 situation.
- The left-sided attacking player makes a run that forces the remaining defender to make a decision – either stay and cover or run with the attacking player.
- The players making the penetrating runs must not move into an offside position before the ball is played.  
This can be avoided by:
  - a) starting a run from a deeper position,
  - b) bending a run either inside or outside,
  - c) having the penetrating pass made early.
- The player with the ball must look to exploit the 2v1 situation as it occurs on the field.

# 3v2 TO GOAL GAME

